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Lang Park PCYC Judo Club News

Feb 2015

Dates to remember for February

- No Training Wednesday Feb 11th due to overrated boy band at Suncorp Stadium
- No Training Friday Feb 20th due to football event at Suncorp stadium

Welcome back for 2015

Thanks to everyone who has joined us on the mat for 2015. Thanks also to others who have contacted me to let me know when they will be back.

A special welcome to all our new members who have decided to join us. I hope you enjoy our club.

To train at the club, you will have to join the PCYC, which takes seconds and costs very little. Please ask the front desk staff to help sign you up.

Judo Suits

If you require a new Judo Suit (the proper name is JudoGi) please let me know. I would recommend that juniors get Single Weave suits, while Seniors should invest in a Double Weave suit where budget allows.

JudoGi sizes are determined by your height in centimetres.....so.....if you are 174cm tall, you will need a 180.

Suits will always shrink a little, so safer to the next size up to allow for this.

Please let me know if you are after a suit in the next day or so , then I can put in a bulk order.

Single Weave - \$80/\$85 Double Weave - \$180 *Seniors please note GreenHills Suits are on special for \$250!!!

Isshindokan Comp Feb 8th (Pine Rivers PCYC)



The first club comp was run on the weekend. Lang Park Juniors did a great job. I thank the parent's for their patience, as local comps can be a long time in the waiting. Please remember that any comp relies on volunteers, and they are doing their best.

Upcoming Comps

- ACT International Open – Canberra – Feb 21/22
- Inala PCYC Club comp - ?th March
- QLD International Open – Brisbane – 13-15 March
- Shogun Hills Club comp – Arana Hills PCYC – March 29th

Kate, Harry, Marcus, Loki and Sam all competed well. Mia and Marcus cheered.

Final words of wisdom

When I do these newsletters I will try and get the info down on one page where possible, important dates will be up front, so, please take note.

Please also check www.jfaq.com.au from time to time and the Australian Judo Union site www.australianjudounion.com as we are now a member club of both associations.

If you are over 16 years, you are welcome to join our club FaceBook page, search for Lang Park Judo Club and send a Join Request.

See you soon, plenty of training to be had.

Rob.

Ps. Good luck Adam and Heima with your Black Belt grading! Soon you'll know as much as me!!!!